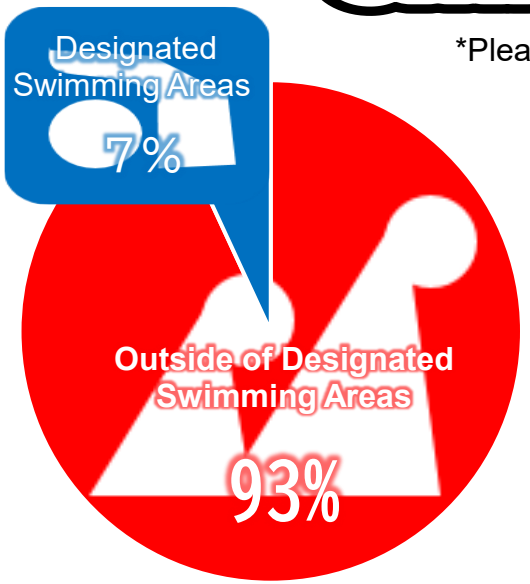
HOKKAIDO

Marine Leisure Hazard Map

Only swim in DESIGNATED SWIMMING AREAS DURING OPEN HOURS!

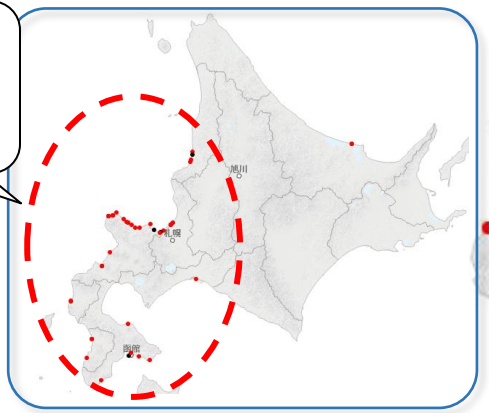
STOP SWIMMING ACCIDENTS

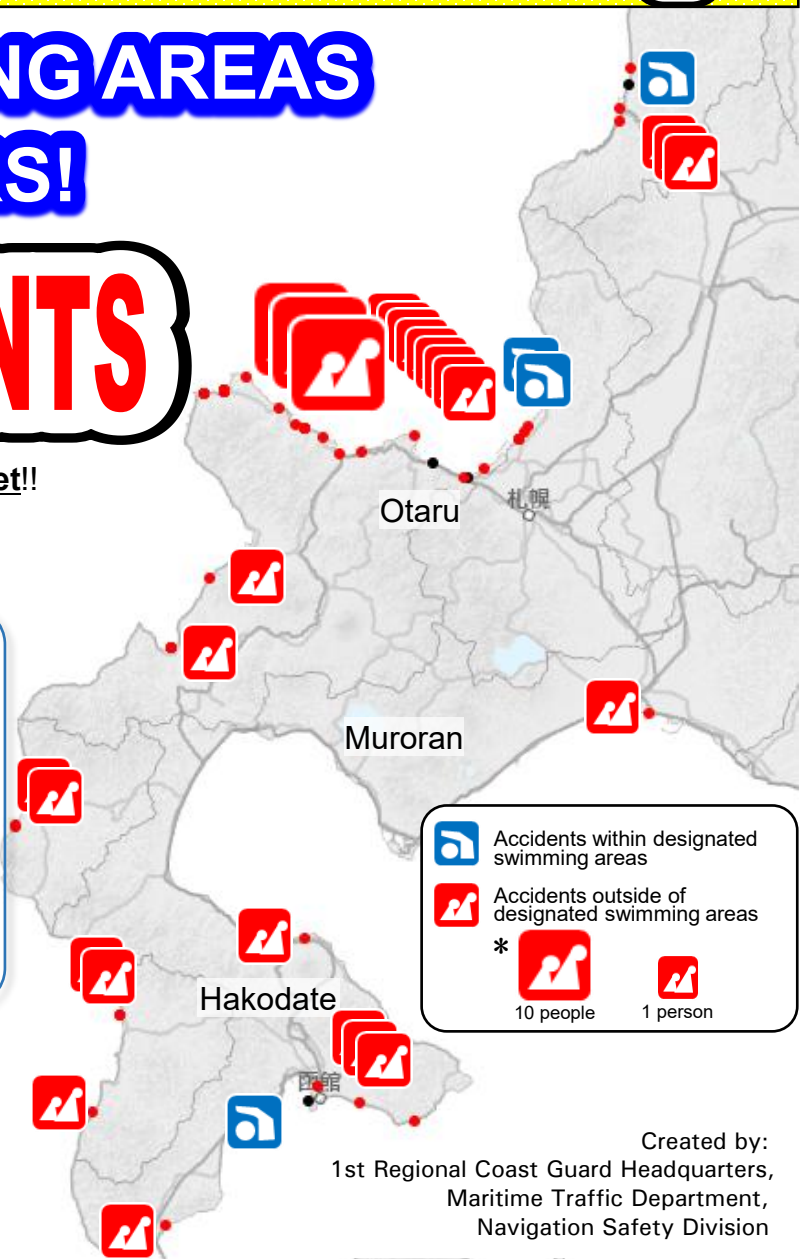
*Please make sure that small children **wear a lifejacket**!!



LOCATION OF ACCIDENTS

Mostly in Central and Southern Hokkaido!





1st Regional Coast Guard Headquarters, Hokkaido

北海道 Information on swimming areas

JCG 海上保安庁 JAPAN COAST GUARD 海の安全情報 Maritime Information and Communication System

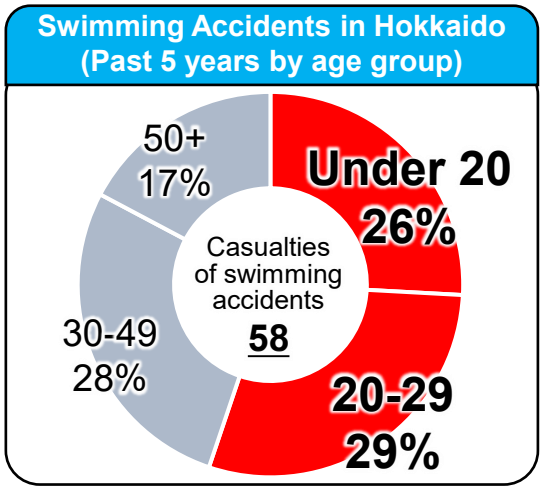
Created by:
1st Regional Coast Guard Headquarters,
Maritime Traffic Department,
Navigation Safety Division

HOKKAIDO

HOW TO ENJOY THE OCEAN SAFELY

- **12 people have died** in Hokkaido in the last 5 years swimming in **non-designated areas.**
- **About 60%** of all accidents occur among **people in their 20s or younger.**

Swimming Accidents in Hokkaido (Past 5 years by age group)



SAFETY PRECAUTIONS

- Avoid the water if there are high waves or strong winds
- Don't go in the water if you are feeling unwell
- Wear a lifejacket
- Don't swim alone
- Children should not swim alone

ADULTS SHOULD…

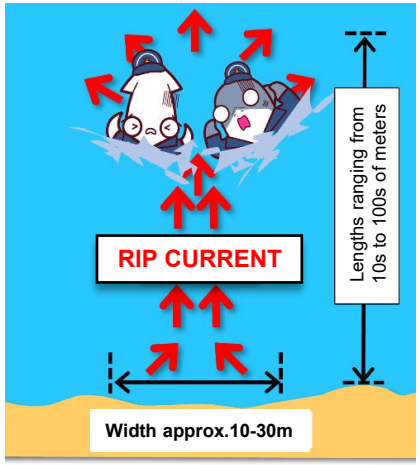
- NOT swim after drinking alcohol
- Keep an eye on children

Always swim in DESIGNATED SWIMMING AREAS!

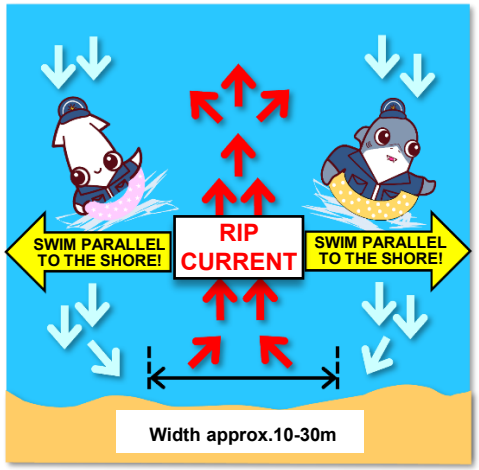
*Designated swimming areas: Officially managed and operated swimming areas (except for outside the official open times and seasons)

- Lifeguards are on duty ⇒ **Rapid response to emergencies**
- Entry for jet skis and similar vessels is restricted ⇒ **No collisions with watercraft**

Beware of hidden dangers like RIP CURRENTS and DEEP WATER!!



If you get caught in a rip current, don't panic, and swim parallel to (alongside) the shore



First Regional Coast Guard Headquarters, Hokkaido

北海道

Information on swimming areas

JCG 海上保安庁 JAPAN COAST GUARD

Water Safety Guide

Categorized by Water Activity

【SWIMMING】