Created based on information from the Hokkaido Government website.

WATCH OUT FOR BROWN BEARS IN AUTUMN!



Use Extreme Caution: Autumn Brown Bear Increased Activity Period

September 1 (Tue) **~ October 31** (Sat) **2026**

The best way to avoid becoming a victim of an attack is to avoid meeting a bear in the first place.

✓ Take proper precautions before you go out into nature!

- Check in advance for reports of brown bear sightings.
- Avoid going out into nature when light is poor (dawn/dusk)
- Avoid going out into nature alone.
- Make noise while walking when out in nature.
- Turn back if you find droppings or tracks (footprints).
- Always bring all food and trash back home with you.



For more details, please see our multilingual leaflet. You can access the leaflet on our website or from the story highlights on our Instagram profile.