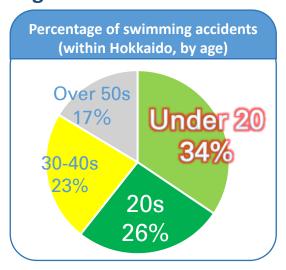


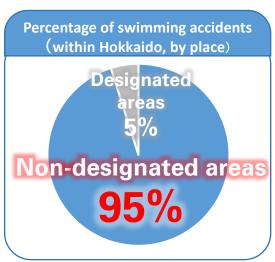
How to Enjoy the Ocean Safely

Over the past five years, 61 people have been involved in swimming related accidents in Hokkaido, with **60%** of the accidents occurring among people **in their twenties and younger**.

There are <u>invisible dangers</u> in the ocean, such as rip currents and deep water.







To avoid accidents, only swim in designated swimming areas during opening hours.*

*Designated swimming areas are managed by the municipalities. (Check the opening hours!)

- Lifeguards are on duty ⇒ Immediate rescue in case of emergency
- Jet skis and boats are not allowed ⇒ Being hit by such vessels poses the risk of serious injury
- Trash is regularly picked up and water quality tested to ensure you can use the area safely

Most importantly, do not go in the ocean if the wind is strong, the waves are high

or if you are feeling unwell!



List of designated swimming areas



北海道 Information on swimming areas 回答



Swim only in designated areas!



1st Regional Coast Guard Headquarters, Hokkaido