



# Do you have a "Myna Health Insurance Card" or "Health Insurance Eligibility Certificate"?

Created based on information from the Ministry of Health, Labour and Welfare

**Existing health insurance cards will be valid  
until December 1, 2025 at the latest.**

Even if an expiration date is not printed on the card, you will no longer be able to use existing health insurance cards after December 1, 2025 (Reiwa 7).

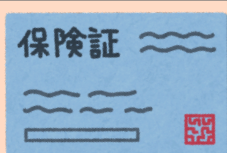
From December 2, 2025 (Reiwa 7), you will need to present your "Myna Health Insurance Card" or "Health Insurance Eligibility Certificate" at the reception of medical institutions and pharmacies. Please be prepared!

## Transition Schedule

**December 2, 2024**  
Transition to Myna Health Insurance Card based system

**December 1, 2025**  
Last day of validity for all existing health insurance cards

Existing Health Insurance Card

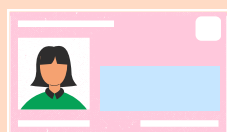


**Cards can be used within their validity period**

★some cards may expire before December 1st

**INVALID**

Myna Health Insurance Card



**VALID**

Health Insurance Eligibility Certificate



**VALID**

Certificates will be issued in turn to those eligible, such as those whose existing health insurance cards are about to expire.

## FAQ: Regarding the Health Insurance Card and My Number Card

We created a multilingual leaflet on how to use your My Number Card as a health insurance card, so please take a look for reference.

<https://www.hiecc.or.jp/soudan/info/detail.html?pid=1808365343502>

