Based on information from the Immigration Services Agency and MHLW websites.

Q While studying at university, I work a part-time job with “permission to engage in activities outside of one's residence status.” Normally, I work up to 28 hours per week. **How many hours can I work during summer vacation?**

A



During the long school holidays designated by your educational institution, such as summer, winter, or spring breaks, **you may work up to a maximum of eight hours a day.**

However, **you cannot work more than 40 hours a week,** as set by the Labour Standards Act.

You can check the Immigration Services Agency website for more details about the permission to engage in activities outside of the Student residence status.

https://www.moj.go.jp/isa/applications/procedures/nyuukokukanri07_00003.html

ATTENTION!

⚠ Once you graduate, your status as a “Student” effectively ends. This means that **during the vacation after graduation, you cannot work part-time anymore** with “the permission to engage in activities outside of one's residence status”

⚠ **If you violate the rules of the permission to engage in activities outside of one's residence status,** you might **not be able to renew your residence status. Be sure to follow the rules when working!**

Reference: Principles for Working Hours, Rest Periods and Days Off

In principle, employers shall not have an employee work for more than **40 hours per week or more than 8 hours per day.** Additionally, they must provide a **break of at least 45 minutes if the workday exceeds six hours, or 60 minutes if it exceeds eight hours**. Each of those breaks must be given in the middle of the working day. Furthermore, they are required to provide workers with **at least one day off per week, or four days off or more during a four-week period**.

If you would like to know more about the working conditions in Japan, such as working hours, breaks, or days off, please refer to the multilingual “**Working Conditions Handbook**” published by the Ministry of Health, Labour and Welfare (MHLW).

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/koyou_roudou/roudoukijun/foreign/index.html