~ Pre-existing health insurance cards are expired ~

Please present either a



Myna Health Insurance Card or **Health Insurance Eligibility Certificate**



at medical institutions and pharmacies.

Previously, if you presented a pre-existing health insurance card without realizing it had expired, the card could still be used on a provisional basis; however, this provisional handling will end on July 31, 2026. If you use an expired health insurance card on or after August 1, you may need to pay the full cost yourself.

WHAT IS A MYNA HEALTH INSURANCE CARD?



A My Number Health Insurance Card (マイナ保険証 "maina-hoken-sho") is a My Number Card that has been registered for use as a health insurance card. You can check your registration status on the Mynaportal.

How to use your My Number Card as a health insurance card

STEP1：APPLY FOR A MY NUMBER CARD

Application methods:

A) Online
B) By post
C) At an ID photo booth in your town

More details can be found on the multilingual My Number Card website.
https://www.kojinbango-card.go.jp/en-link/

STEP2：REGISTER YOUR MY NUMBER CARD TO BE USED AS A HEALTH INSURANCE CARD

Registration methods:

A) At the reception of a medical institution or pharmacy (with a card reader)
B) On the Mynaportal
C) At a Seven Bank ATM *PIN required

STEP3：USE YOUR MY NUMBER CARD AT A MEDICAL INSTITUTION OR PHARMACY

How to use it:

A) Place your card on a card reader with facial recognition features
B) Verify your identity (facial recognition, PIN)
C) Agree to the terms of use

Inquiries

It is possible to make inquiries via email or phone in different languages.
Please check the link below for more details.
https://www.kojinbango-card.go.jp/en-otoiawase/

WHAT IS A HEALTH INSURANCE ELIGIBILITY CERTIFICATE?

A Health Insurance Eligibility Certificate (資格確認書 “shikaku-kakunin-sho”) is a certificate issued by the health insurance provider to individuals who do not have a MyNa Health Insurance Card.

The size, color, shape, and format (card, paper, or electronic) of the certificate will vary depending on the insurance provider.

IMAGE





How to receive a Health Insurance Eligibility Certificate

You will receive the certificate without applying if...

- You do not have a My Number Card
- You have a My Number Card but have not registered it to be used as a health insurance card
- You applied to cancel your registration/have canceled your registration
- The electronic certificate of your My Number Card has expired
- You newly joined the Elderly Medical Care System on/after December 2, 2024, or you do not have a valid Elderly Medical Care Card due to moving, etc. (temporary measure until the end of July 2025)

You will be issued the certificate upon application if...

- It is difficult for you to use the My Number Card at a medical institution because you require special consideration (elderly people, people with disabilities, etc.), and you have applied for the Certificate of Eligibility (application not required for renewal)
- You lost your My Number Card or are in the process of renewing it

You will not have to apply for renewal of the certificate if...

- You have been issued the Certificate of Eligibility upon application because you require special consideration (elderly people, people with disabilities, etc.)

Inquiries

Please contact your medical insurance provider with any questions or concerns. If you need interpretation, please contact the Hokkaido Foreign Resident Support Center.



Created based on information from the Ministry of Health, Labour and Welfare website

Did you know?

The expiration date of the My Number card for foreign residents in Japan is the same as the expiration date of their residence status. When you get a new residence card due to the renewal of your period of stay, etc., the validity period of your My Number card will not be automatically extended. Make sure to complete the relevant procedures!

We have created a multilingual leaflet on procedures regarding the validity period of your My Number Card, so be sure to check it out!

https://www.hiecc.or.jp/soudan/info/detail.html?pid=8927241337679