Created based on information from the website of the Children and Families Agency

Child and Child-rearing Support Contribution System will begin in April 2026!

The **“Child and Child-rearing Support Contribution System”** will begin in April 2026. This new system aims to expand existing childcare support programs, such as child allowance and benefits for expectant mothers.

Q What is the “Child and Child-rearing Support Contribution System”?

This system involves collecting contributions from all generations and businesses to expand existing childcare policies, such as child allowance, pregnancy support benefits, and postnatal leave support benefits, so that **children and child-rearing households are supported by society as a whole**.

Q When will it be implemented?

Contributions will be collected together with health insurance premiums from April 2026.

For those enrolled in **Employees’ Insurance**, contributions will be **deducted starting from your May salary**.

For those enrolled in **National Health Insurance** or the **Medical System for the Elderly in the Latter Stage of Life**, the start date of collection will vary by the insurer, but **payment notices will be sent in June or July** informing you of your specific contribution amount and the start date of collection.

Q How much will the contributions be?

The insurance premium rate (contribution rate) for the Child and Child-rearing Support is 0.23%. The estimated contribution amount (average monthly amount) for individuals and households in FY2026 is as follows. *Actual amount will vary depending on health insurance system, income, etc.*

Health Insurance Society, Health Insurance Association, etc.	approx. **550 yen/month** per insured person
National Health Insurance	approx. **300 yen/month** per household
Medical System for the Elderly in the Latter Stage of Life	approx. **200 yen/month** per insured person

For contribution estimates based on annual income for each health insurance system, please see the Children and Families Agency website. (Japanese only)
https://www.cfa.go.jp/policies/kodomokosodateshienkinseido#1

Inquiries

Children and Families Agency Call Center

0120-303-272

Reception hours: weekdays 9:00 ~ 18:00

Multilingual support is not available. If you have difficulty calling in Japanese, please contact the Hokkaido Foreign Resident Support Center.

