















HOKKAIDO STAGE OF ALERT

	Burden on Medical System			Monitoring System	Spread of Infection		
	Occupied Beds	Severe Cases	No. of Patients	Rate of Positive Tests	New Cases	Compared to Previous Week	% of unlinked cases
All Hokkaido 12/9	996 beds 	27 beds 	2252 ppl 	6.0% 	1313 ppl/week 	Decrease 	28.7% 
Sapporo City	403 beds 	19 beds 	1126 ppl 	7.5% 	789 ppl/week 	Decrease 	34.5% 
Stage 4 Indicators	350 beds	35 beds	796 ppl	10%	796 ppl/week	Increase	50%

PERIOD OF CONCENTRATED COUNTERMEASURES

12/12 SAT ~ 1/15 FRI

- ▶ Thorough implementation of countermeasures during the year-end and New Year holidays

12/12 SAT ~ 12/25 FRI

- ▶ Stronger countermeasures such as refraining from going out and shortened business hours

**Increased travel activity
expected during the Year-End
and New Year Holidays**

Increased instances of...

- ① EATING AND DRINKING**
- ② CLOSE CONTACT**
- ③ VISITING FAMILY & FRIENDS**

① Avoiding risk while eating or drinking

CONT. REQUEST

【Sapporo】 *Until December 25

- ▶ Request for business operators to shorten business hours
- ▶ Request for customers to refrain from use

① Avoiding risk while eating or drinking

NEW REQUEST

【All Hokkaido】

Even at home...

*Until January 15

▶ Please **refrain from eating or drinking** in a group of **5 or more**, or for long periods **over 2 hours**.

(This does not apply to those already living together in one household)

② **Avoiding risk through contact**

**CONT.
REQUEST**

【Sapporo】

**NEW
REQUEST**

【Asahikawa】

*Until December 25

If you can't avoid the risk of infection,

▶ Please **refrain from non-essential, non-urgent outings** in Sapporo City and **Asahikawa City.**

② **Avoiding risk through contact**

**NEW
REQUEST**

【All Hokkaido】

*Until December 25

If you can't avoid the risk of infection,

▶ Please **refrain from non-essential, non-urgent travel** to and from prefectures that have announced **COVID-19 related restrictions.**

② Avoiding risk through contact

CONT. REQUEST

【All Hokkaido】

*Until January 15

▶ Please be **extra thorough and careful to avoid the risk of infection**, especially if you are or plan to meet an individual who is at **high risk of developing severe symptoms**

Those at high risk of developing severe symptoms are generally considered to be the elderly, those with underlying conditions, etc.

② Avoiding risk through contact

NEW
REQUEST

【All Hokkaido】

*Until January 15

Please keep your work-related
Year-End and **New Year**
greetings online.



② Avoiding risk through contact

CONT. REQUEST

【All Hokkaido】

*Until January 15

Please make use of **telework** and
staggered commuting options.

③ **Avoiding risk when visiting friends and family**

Protect your loved ones and
consider **online visits** instead

If you have a fever,
before you visit a doctor

**CONSULT BY
TELEPHONE
FIRST!**



If you have a primary doctor,
consult with them first.

If you don't have a primary
doctor, or **if they are closed
for the holidays, please call
the center below.**

*Residents of Sapporo, Asahikawa, Hakodate, and
Otaru should call the public health centers or city-
specific COVID-19 consultation hotline.

**Hokkaido COVID-19 Medical
Consultation Center** (24/7 Toll-Free)

0800-222-0018